All About Alison Bowman - Counselor

Initials: AGB

Birthday: 03/05

Dietary Restrictions: none

Pets: two dogs - Maddie and Maisie

No thanks, I have enough: notepads

My Wishlist: any calming/sensory items for students

My hobbies: exercising, traveling

One thing I would love my students to know: I care about you and I am here to support you!

Favorite Things

Flowers: daffodils or any yellow flowers

Scents: vanilla

Music: anything upbeat!

Favorite Book Genres/Authors: audio books! :)

Local restaurants: Chipotle

Favorite Drive-Thru Coffee Shop Treat: Dunkin Donuts coffee with cream and Splenda or Stevia or Starbucks dark roast with half and half, Stevia, and 1 pump of sugar free vanilla

Cold drinks: Coke Zero

Candy/sweet snacks: brownies

Savory snacks: trail mix

Color: yellow, orange

Sports teams: UNC

Local stores: Costco

Online store: Amazon

Holiday: Halloween

Favorite Local Experiences: Eno River, Jordan Lake