

BAC Meeting:
Host: Apex Friendship Middle-
City BBQ- thank you!
November 18th, D
Speaker: Dr. Paul Co- superintendent student support services

student support services.

Dr. Pettiford: Director of counseling

Social and emotional learning, models geared toward adults.

Why: want to understand in service of students meeting potential and development.
How is social and emotional learning defined (audience to take note cards to define on our own)? Hang onto perception of what it is..

Definition: Social and emotional learning is a process where people manage emotions. CASEL organization definition

Both adults and children in schools.

Skills: self awareness, self management, social awareness, relationship skills..

VISION: Prepared to reach full potential, wholeness of students- development occurs both academically and socially and emotionally.

Office of early learning: birth to age 5: Programs: Parents as teachers, Positive parenting program, social emotional foundations of early learning.

Parents as teachers: parent educators go into home to help with strategies, school readiness,
Positive parenting program: 5 levels of support for families. gives parents practical strategies to manage children's behavior, prevent problems, build strong relationships.

Social emotional foundations of early learning:

coach model, supports peek teachers through coaching. gives teachers concrete strategies to nurture relationship, supportive environments, teach social emotional skills, prevent challenging behavior.

Each program helps in the collaboration of vision.

Dr. Pettiford:

community resiliency model: endorsed by trauma research institute

self awareness, responsible decision making,

Trauma: help with trauma, not what the trauma is. What skills are needed to cope. resiliency- focus. what is right with you, what are your strengths?

Optimal Zone that we all operate on: when people are triggered by trauma (perspective) you can be bumped out of zone- strategies to get back into zone. when you are in the right zone you can deal with things better. (fight, flight, freeze- 3 responses)- training you gain skills to help. Guides: help people walk through different stages. Concentration on adults this year. Teachers get triggered. trainers are available to work with staff.

Hilbourn: Case study: book study to see about implementation. use this work with staff members.

Restorative Practices: started with mediation services, Campbell law comes in to mediate to help resolve. circle process (elementary schools) coach helps work with teachers to implement strategies as part of construction. Result: decrease suspension, better connections.

Circle process goals: empathy, healthy relationships, strengthen goals-

(Video on demonstration of mediation services: students were arrested- referral placed for restorative process)

Mediation: aka: facilitated dialogue: addressing hurt and harm, not just about punishment, its about addressing hurt and harm.

Mediation process starts from referral, then a facilitator is assigned, school meeting, individual meeting, facilitated dialogue. Outward expression like community service together, so the community acknowledges that they can see they are addressing the hurt and harm.

-(video about circle and how it has helped schools and people)-

Revisit definition:
(build relationships with those around us)

Q and A

Question: "for those parents not on board with this" - where can parents learn more about this:
communication team- go to website with facts. Groups have approached for those circle groups
General agreement for services with schools. restorative practices is invitational. mostly high school and middle schools are involved.

Session for schools on how teachers can integrate with standards. Professional development days.

Question: Direction: make sure schools have best practices with regard to social and emotional learning.
Align options for schools.

2 day training: if something comes up you know how to handle it.

Providing a tool- so the parent, admin, teacher, counselor, etc, can utilize and maybe put it to use. Its not the answer, just a tool.

Aces: adverse childcare experiences, UNC air tomorrow: *Resilience*.

Imperative that we get good information to parents:

Parents believe that since its not curriculum based, parents are confused, maybe a curriculum of sorts,
Family engagement opportunity: introduce parents to circle. - maybe include 2nd step into further BAC's meetings, which is more curriculum based.

Communication:

Best way to get info to schools, advocacy websites, PTA's, etc.

Next meeting is February 6:30 meet start (feel free to come anytime from 6-6:30): White Oak Elementary school.

April 20- Apex Elementary