

# BULLYING PREVENTION WEEK

October 18-22

## MONDAY 10/18 SAY HELLO DAY!

OUR NAMES AND OUR INTERESTS ARE PART OF WHO WE ARE. LET'S TRY TO GREET EVERYONE BY NAME TODAY! (Name tags will be provided for students who do not have them).

YOU CAN ALSO WEAR A SHIRT THAT REPRESENTS AN INTEREST YOU HAVE.

Listen to The Name Jar by read aloud by Randall Park, an American actor, writer and director.



## TUESDAY 10/19 DIVERSITY DAY!

WEAR YOUR FAVORITE COLOR TO SHOW THAT WE ARE DIFFERENT INDIVIDUALS VALUING AND ACCEPTING EACH OTHER REGARDLESS OF SKIN COLOR, GENDER, INTELLECT, TALENTS OR YEARS!

What is diversity? Learn more [here](#). Here is a read aloud of a cute story called Mixed.



## WEDNESDAY 10/20 UNITY DAY!

WEAR AN ORANGE SHIRT TO SHOW THAT WE ARE UNITED AGAINST BULLYING.

WE ARE ALSO UNITED FOR KINDNESS, ACCEPTANCE AND INCLUSION.

Watch this student's video about UNITY DAY with your class!

Check out this film short Color Your World With Kindness.



## THURSDAY 10/21

### "TEAM UP AGAINST BULLYING!"

WEAR YOUR FAVORITE TEAM or SPORTS GEAR

What is bullying? Click [here](#) to learn more!  
What is cyberbullying? Click [here](#) to learn more!



## FRIDAY 10/22 COUGARS CARE DAY

WEAR YOUR SPIRIT WEAR OR GREEN and YELLOW to show that APEX ELEMENTARY COUGARS CARE ABOUT EACH OTHER!

Learn how to be an UPSTANDER! Watch [here](#).

